

ADULTING 101: CAREER PLANNING FOR TEENS




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WHAT I'LL BE COVERING TODAY

- How to start developing your Career Path
- Some definitions
- An action plan
- Useful resources

LIFE AFTER HIGH SCHOOL: WHAT DO YOU WANT TO DO?

- What do you want to do when you "grow up?"
 - It's not too early to start thinking about your future
 - What you are doing now can have an impact on your life after high school, and that's a good thing!
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- A thick, solid pink wave-like shape that starts from the left edge of the slide and curves upwards towards the right, ending at the bottom right corner.

STEPS

- **Who am I and what do I want to be?**
- **Learn about different jobs and careers**
- **Make a plan**



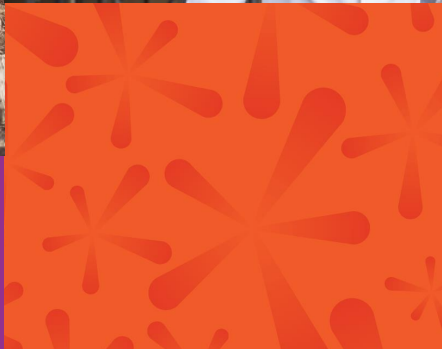
The background is a solid red color with a repeating pattern of white, stylized starburst or snowflake shapes. These shapes are composed of several elongated, teardrop-like segments radiating from a central point, creating a dynamic and festive visual texture.

WHO AM I?

WHO AM I?

- What do I like to do?
- What are my talents?
- What are my interests?
- What are my hobbies?
- What are my values?
- What am I good at?





The background is a solid green color with a repeating pattern of stylized starburst or sunburst shapes. Each starburst is composed of several elongated, teardrop-like segments radiating from a central point. The segments are a slightly darker shade of green than the background, creating a subtle, textured effect.

WHAT IS THE DIFFERENCE BETWEEN A JOB AND A CAREER?

A LITTLE BIT OF VOCABULARY

Job: A regular remunerative position

Career: a profession for which one trains and which is undertaken as a permanent calling

Profession: a principal calling, vocation or employment

Career. (n.d.) In *Merriam-Webster.com dictionary*. Retrieved from <https://www.merriam-webster.com/dictionary/career>

Job. (n.d.) In *Merriam-Webster.com dictionary*. Retrieved from <https://www.merriam-webster.com/dictionary/job>.

Profession. (n.d.) In *Merriam-Webster.com dictionary*. Retrieved from Retrieved from <https://www.merriam-webster.com/dictionary/profession>

JOB*

- Earn money
- Often short-term goal or pursuit
- Opportunity to learn soft skills


* A job can become a career!

CAREER

- Profession or occupation
- Long term goal or pursuit
- Requires specialized skills, training or degree
- Motivated by personal satisfaction
- More job security
- Higher earning potential
- More opportunity for advancement

WORKPLACE SKILLS AND WHERE YOU CAN GET THEM

WORKPLACE SKILLS

- **People skills (soft skills)**
 - **Time management**
 - **Communication**
 - **Technical skills**
 - **Willingness to learn**
 - **Problem solving**
- 

WHERE YOU CAN GET THESE SKILLS

- **School**
 - **Hobbies**
 - **Sports**
 - **School activities**
 - **Volunteer work**
 - **Summer jobs**
 - **Chores (Yes, really!)**
- 

WATCH THIS VIDEO!



PREPARING FOR LIFE AFTER HIGH SCHOOL

4 SKILLS & 4 STEPS TO A SUCCESSFUL CAREER

KEVIN J FLEMING PHD

4 SKILLS
STEPS
LESSON PLAN

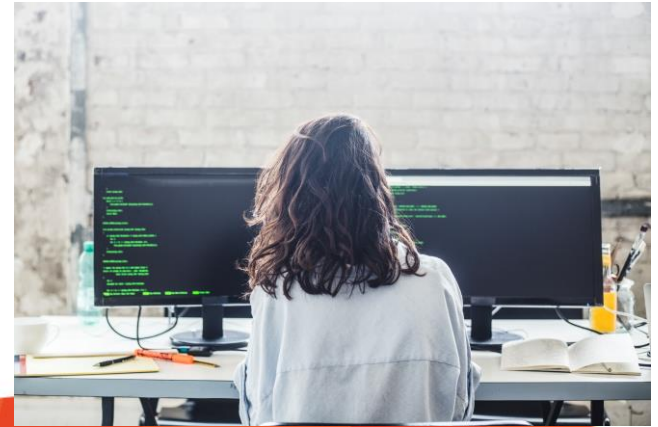
TIME TO DO SOME RESEARCH!

- Set some goals for yourself
- Make a list of all the jobs you can do
- Find out what sort of training you will need to do those jobs:
 - College
 - Vocational school
 - Military
 - Other?

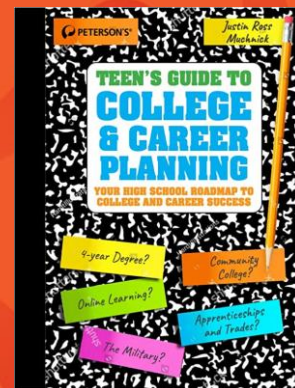
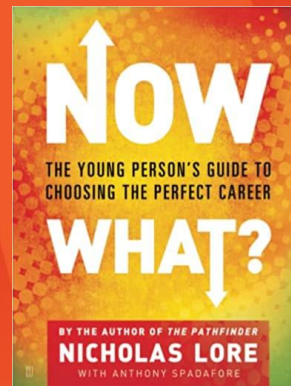
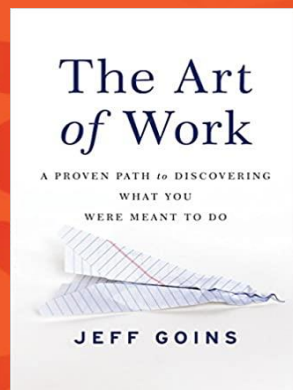
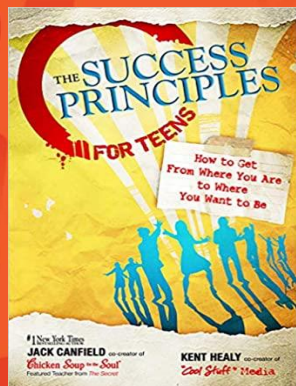
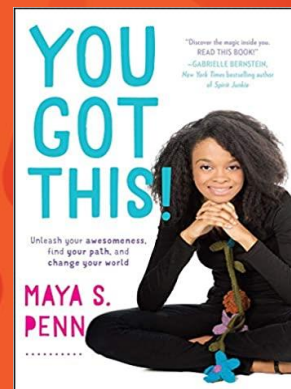
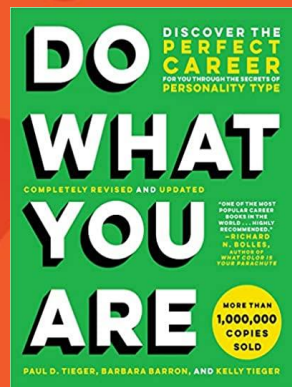
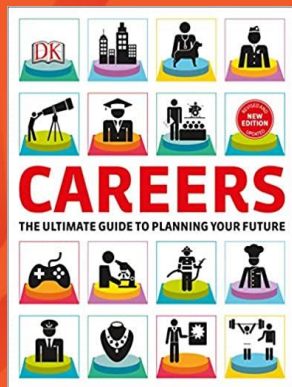
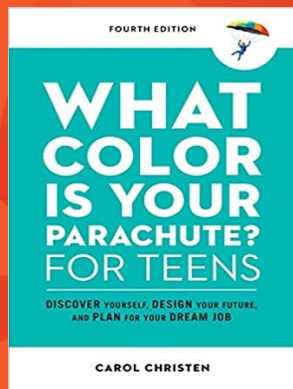


SOME HELPFUL WEBSITES

- [Career OneStop for Youth](#)
- [Colorado Department of Labor and Employment -Youth](#)
- [My Next Move](#)
- [National Career Development Association](#)
- [Occupational Outlook Handbook](#)
- [Youth.gov Employment](#)



SOME USEFUL BOOKS

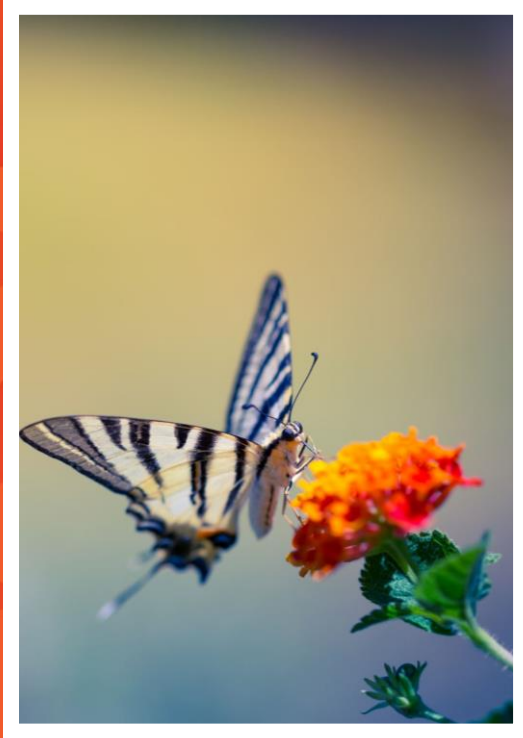


JOB SEARCH WEBSITES

- **Glassdoor.com**
- **Indeed.com**
- **LinkedIn**
- **Monster.com**



QUESTIONS TO ASK ABOUT CAREERS



For a career to be sustainable, it must fulfill you!

- What do I dream of doing?
- What will make me happy?
- What do I REALLY want to do?
- What am I passionate about?

PUTTING IT TOGETHER: WHAT DO YOU WANT TO DO?

Make an action plan:

- Think about your goals: who and what do you want to be?
- What kind of jobs exist that help fulfill those goals?
- What kind of jobs are available?



The background is a solid blue color with a repeating pattern of white, stylized starburst or snowflake shapes. These shapes are composed of several elongated, teardrop-like segments radiating from a central point. The text "SOME EXTRAS" is centered in the middle of the image in a white, bold, sans-serif font.


SOME EXTRAS

RESUMES

- **Start writing a resume**
- **Why, you may ask?**
 - **College applications**
 - **Scholarship and grant applications**
 - **Summer and after school jobs**
 - **Volunteer applications**



PLACES TO GET CAREER ASSISTANCE AND RESOURCES

- **Your high school counselor**
 - **Your school library**
 - **Your public library**
 - **Relatives and friends who work in careers that appeal to you**
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- A decorative graphic at the bottom of the slide consisting of various shades of blue geometric shapes, including triangles and rounded rectangles, arranged in an abstract pattern.

THANK YOU!

